

Petaluma People Services Center

PPSC is dedicated to improving the social and economic health of our community by providing programs that strengthen the dignity and self-sufficiency of the individual.

*Our Agency values **DIVERSITY** whatever your ethnicity, religion, country of origin, language, abilities, sexual orientation, or gender. **YOU ARE WELCOME HERE!***

www.petalumapeople.org

www.petalumabounty.org

Facebook:

Petaluma People Services Center

- ◆ Petaluma Bounty
- ◆ Fair Housing Sonoma County
- ◆ Petaluma Bounty Penny Harvest
- ◆ Petaluma Day Labor Initiative
- ◆ 1,000 Petaluma Bowls

Contact PPSC about any of our programs that serve those in our community who are 60 or older.

- Case Management
- Meals On Wheels
- Senior Café
 - Congregate Meals
- Adult Day Care
- Caregivers Support Group
- iRide Petaluma (Transportation)
- SHARE Sonoma County (Housing)
- Reducing Depression for Adults and Older Adults

Other Support Services

- Information and Referral
- PPSC System of Care
- CalFresh Enrollment
- Earn It Keep It Save It
- Season of Sharing
- Fair Housing Sonoma County
- Petaluma Homelessness Prevention

Petaluma Bounty

- Bounty Hunters
- Farmers Market
- Bounty Farm Stand
- Farmacy

Counseling

- General Counseling
- Mindfulness
- Veterans Affairs Patient-Center Community Care (VAPC3) Program Network



PETALUMA PEOPLE SERVICES CENTER

SENIOR DAY Adult Day & Respite Program



The Adult Day program is a service of Petaluma People Services center, a non-profit, multiservice agency dedicated to serve the people of the Petaluma Community.



Have a cup of coffee. Be ready to exercise your mind, your body and your sense of humor. Participate in activities with people who share common interests and concerns.
- **Judy, PPSC Staff**

Senior Day Provides:

Stimulating activities to meet your needs and interests.

Including:

- SRJC's involved Elder Continuing Education,
- Nutritional information,
- Current Events,
- Community Speakers,
- Arts & Crafts,
- Entertainment,
- Socialization, and
- Lots of Music

Delicious hot lunches,
Mild exercise and relaxation,
This is an opportunities to build new friendships.

A Caring Place

Come and make new friends. Our staff is interested in you and cares about you. Listening is the number one priority.

PPSC Staff and Volunteers

Well-trained and caring staff and volunteers to assist with activities in a safe, home-like environment.

What it Costs

This program is available on a sliding scale and is a non-fee based program, no one is refused services because they cannot pay.

Program Hours

Monday, Wednesday, Friday
10:00am – 2:00pm
Dining at 12:00 noon
For more information contact
PPSC:
707-765-8488

Let us assist you to maintain an independent lifestyle in a supportive environment.

PPSC Senior Day Program may be for you!

Contact PPSC Case Manager
707-765-8488
seniorsvc@petalumapeople.org

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