



May 2024

Monday	Wednesday	Friday
	<p>1 10:00 Exercises 11:00 Mind Stimulating Game 12:00 Lunch 1:00 Obstacle Course</p>	<p>3 10:00 Exercise 11:00 Eye Know Game 12:00 Lunch 1:00 Art Project</p>
<p>6 10:00 Exercises 11:00 Music with Craig 12:00 Lunch 1:00 Bingo</p>	<p>8 10:00 Exercises 11:00 Hang Man 12:00 Lunch 1:00 Ball Toss</p>	<p>10 10:00 Exercises 11:00 Music with Bill 12:00 Lunch 1:00 Golf</p>
<p>13 10:00 Exercises 11:00 Music with Craig 12:00 Lunch 1:00 Card Question Game</p>	<p>15 10:00 Exercise 11:15 Music with John 12:00 Lunch 1:00 Musical Chairs</p>	<p>17 10:00 Exercise 11:00 Travel Adventure Talk 12:00 Lunch 1:00 Painting</p>
<p>20 10:00 Exercises 11:00 Music with Craig 12:00 Lunch 1:00 Bean Bag Toss</p>	<p>22 10:00 Exercises 11:00 Brain Quest 12:00 Lunch 1:00 Singing</p>	<p>24 10:00 Exercises 11:00 Bingo 12:00 Lunch 1:00 Art Project</p>
	<p>29 10:00 Exercises 11:00 Name that Show 12:00 Lunch 1:00 Obstacle Course</p>	<p>31 10:00 Exercises 11:00 Story Telling 12:00 Lunch 1:00 Dancing</p>

Petaluma People Services Center
 Adult Day Program
 25 Howard Street
 707-765-8488

All programs subject to change.

Suggested Voluntary contribution for each meal: \$3.50 - \$8.00

Contribution envelope to be returned directly to Adult Day